



How can you recognize Scabies?

Red spots on the skin and itches between the fingers and toes and in warm skin folds, such as the underarms or genital area. The itching gets even worse during the night under a warm duvet.



You should consult a **doctor** in case of these signs.



The doctor has detected that you have scabies:

People with whom you have been in contact

All those who have had close physical contact must be informed.



These people should also go to the doctor.



*For treatment see reverse page
For general measures see sheet 2*



How is scabies treated?*

The doctor prescribes a **cream**.



You must shower, and keep your nails clean and short.

The cream has to be applied **evenly everywhere** on the skin, except on the head (for persons from the age of 4 years).



The cream must be allowed to take effect for at least 8 hours, for example overnight. Wash off the cream with soap.

Repeat after 7 days.

Put on fresh clothes.



Alternative treatment with Ivermectin (Scabioral®): 1 x 1 oral administration of 200 µg per kg body weight. Repeat after 7 days.



The success of the therapy should be checked by the doctor.



* The information refers to the therapy with Permethrin (e.g. Infectoscab®, Nix™, Dermal Cream™, Elimite™). For other substances, such as benzyl benzoate (Antiscabiosum®) multiple treatments would be necessary. Please observe the instructions of the doctor and the package leaflet in any case.

General hygiene measures

Please wash everything which has come in contact with the skin, at least at 50°C (sheets, clothing, towels)

or

pack in an air-tight plastic bag and do not use for 3 days

or

freeze for 2 hours

and

vacuum-clean upholstered furniture.

1x day fresh clothes.

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Dieses Informationsblatt wurde gefördert vom Amt für Flüchtlingshilfe Esslingen.

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www.medi-bild.de
info@medi-bild.de

